SACRED HEARTS ACADEMY

# e-parentline



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# Lancers cheered path to State Title Crown

The **Varsity Lancers** capitalized on the program's first opportunity to compete for the **Hawai'i High School Athletic Association Cheerleading State Championships** on November 4, "spiriting" away to the top spot to win the medium-division title.

With their explorant routines, the Academy squad set the bar

With their exuberant routines, the Academy squad set the bar for the other 14 schools, tallying a final score of 503.50. This was the highest of the day in either division!

Not only was this victory a milestone for the Academy, it was the first medium-division State Championship for an *Interscholastic League of Honolulu (ILH)* member since 2002.

The seven Lancer cheerleaders, (below) Megan Valente,
Lexy Freitas, Melina O'Reilly, Tiana-Lynn Manabat, Cayla
Cabanban, Giana Costa and Kayla Oka, did not know what to
expect entering the State battle, but were buoyed by momentum,
having won the Varsity ILH title on October 20 by almost 12 points.

At that meet, the Intermediate squad also "brought home" the ILH Title for their level.

Varsity Head Coach Cadey Vakauta attributes the cheerleading program's success this year to the dedication and hard work of these athletes. Other members of the cheerleading coaching staff are Gail Gushikuma, Chanel Miura, Lindsey Ogata and Brandi Surell.

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### From the Head of School

### **SEASON OF BEING THANKFUL BEGINS**

Although this e-Parentline is primarily filled with news about athletics and robotics, the campus is a bustle of various activities on most days. The successful run of Sister Act concluded this



past Sunday, and we thank nearly 40 students for participating in this fun play under the directorship of Kyle Kakuno of Saint Louis School.

This evening launches the holiday season of Performing Arts programs. The Choral program with Director Zachary Moore will fill the Academy's Chapel with beautiful music in a beautiful and special venue during their concert at 6 p.m.

This week, we welcomed hundreds of grandparents to campus. Grandparents in grades seven to 12 were treated to a program of Performing Arts presentations before visiting their granddaughters in the classrooms.

Lower School students welcomed grandparents to classrooms with time allotted all "the work" planned for their kupuna.

The value of athletics speaks for itself, but the robotics movement is often a bit less familiar. The Academy's program, established in 2007, prepares our students for the ever-advancing technological world. It is a springboard for girls to seek college degrees, internships and scholarships in STEM areas.

Enjoy making progress on your Thanksgiving preparations this weekend!

Betty White

### Lancers: Freshman crosses course

Freshman *Emma Premeaux* blazed a trail for the Academy as a member of the *Pac-Five cross country Wolfpack*. She improved steadily throughout the *Interscholastic League of Honolulu (ILH)* season and finished the 5000-meter course in 23:35.99 at this season's *Championships* on October 19, earning a spot ito compete for the *State Title*.



Premeaux, one of the few freshman to qualify, challenged 199 other girls for the State crown on October 28. Competing under the "Lancer flag," she navigated the long-distance course at Kauai Community College in slightly over 24 minutes, ahead of a quarter of the other runners.

Premeaux is eagerly anticipating the League's track and field season in the spring.



### Rolling along right lane

The **Varsity bowlers** finished the regular season placed third among 14 teams, and (from right) **Catherine Palmer** and **Ivana Salon** hit strikes at the **League Championships** on October 18 and 20, finishing third and fourth, respectively, and coming up just short in the doubles field, placing second.

The doubles team and (left) Alexiz Hicks and Kamalu Aiona-Ka'ai qualified to compete for the State Championships on October 26 and 27 based on consistent performances throughout the season.

## **Lancers:** Scoping out the target to mark victory

The Lancers reloaded after sweeping the individual and team Interscholastic League of Honolulu (ILH) Varsity and Junior Varsity Sporter Air Riflery Championships in October.

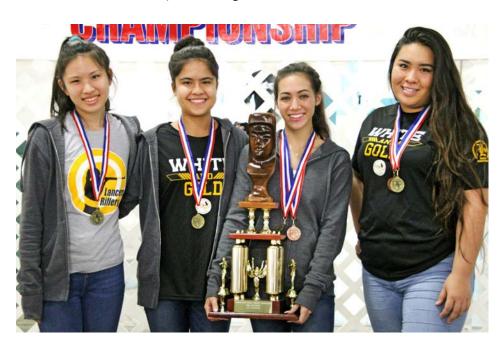
The *Varsity* team hit the target again at the *State Championships* on October 24, with *(right) Quinn Lum, Clarissa De Smet, Dorothy Sanidad* and *Maile Fox* winning the overall team title.

In fact, their score of 2132 was top among all teams in both the boys and girls divisions by 10 points!

Having already claimed the **ILH Individual Championship**,
Sanidad finished fourth overall among the girls.

Fox scored ninth place, and De Smet finished just out of the top ten, while Lum ranked in the girls' top 20. The team is coached by a crew of dedicated mentors, including

Head Coach Carlton Lum.



# MORE IIHLETICS



### **Spikers score at States**

After falling short in their quest for the **League's Division II (DII) volleyball** title, the **Lancers** were determined to make an impact at the **State Championships** from October 25 to 28.

The team, under first-year **Head Coach Raymond Patcho**, swept
Hawai'i Prep in three sets before dropping their second match to top-seeded
Le Jardin.

Facing elimination, the Lancers rebounded in the consolation bracket with two victories, including a close 2-1 win over Seabury Hall for fifth place.

The volleyball team was led by set-

ter *Makenzie Fa'amausili-Cacoulidis*, who averaged over 20 assists during the Championships, and senior *Tate Lutu*, who recorded double-digits in kills.

# **Lancer Robotics teams are VEX-ing on all levels**

The **High School VEX** and **Junior High** and **Lower School VEX IQ** programs are having a stellar year! A number of teams earned awards in competitions the last two weeks.

### **HIGH SCHOOL VEX**

At the two-day Pan **Pacific** Championships on November 3 and 4, Lancer Team **2437A** (right) of Katelyn Amorosa, Jenna Tanna, Lauren Matsukawa. Christina Dang. Kiara Flores, Jalen Tam and Lesna O'Donnell. progressed to the semi-finals of the meet and won the "Think Award," given for a robot



demonstrating impressive and effective autonomous programming.

Based on their performance at this event, the team was ranked ninth in the world in robot skills going into their next competition.

### JUNIOR HIGH SCHOOL VEX IQ

**Team 2437A** of **Ayla Hakikawa**, **Kammie Nguyen**, **Kammiee Ardo** and **Nanami Mehring** won the *Excellence Award* at the **Pan Pacific Championships** on November 3 and 4. With this award, the team, which is currently ranked fourth among teams throughout the world for robot skills, earned a spot to vie for the **World Title** in Louisville in the spring.

Their Junior High counterparts, **Team 2437B**, comprised of **Abigayle Vendiola**, **Han Nguyen**, **Hyatt Yoshioka** and **Katie Rebugo**, have improved their robot throughout the season and earned the **Tournament** 



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Robotics: VEX-ing year

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Champion Title and Design Award for their professional design at the **Stevenson VEX IQ Challenge** on November 11.

### **LOWER SCHOOL VEX IQ**

**Lancer Robotics** had eight teams competing on November 11.

**Team** 2436B of Gabrielle Castro, Madison Iwashita, Sadie Takaki and Sara Inao earned the Excellence Award, given to the top allaround group, at the Stevenson VEX IQ Challenge.



On Maui at the *Lahaina VEX IQ Tournament, Team 2436E* (above) of *Madeleine Villamil, Addison Kinoshita, Mikena Gillis* and *Elia Hakikawa* took the *Elementary Design Award* for their robot's exemplary design.

The prior weekend at the *Pan Pacific Championships, Team 2436A* of *Abegail Aguirre, Aurenanna Vendiola, Lauren Kealoha* and *Reese Machida* performed superbly and were given the *Judges Award* for "special accomplishments."

### **FIRST LEGO League Lancers are alert**

The Academy's Lower School participants in the *FIRST LEGO League* (*FLL*) "alertly" competed at the *Kalani District Tournament* on November 11.

The team, the "Iconic Alert Squad," (right with Jennifer Arthur and Kana Takahashi) also known as sixth graders Abegail Aguirre, Victoria Fang-Yee, Reese Machida, Madison Iwashita and Cadence Kasprick, "made a splash" while tackling this year's FLL challenge, "Hydro Dynamics."



Focused on many facets surrounding water, the students were challenged to think like scientists and engineers to solve a real-world problem surrounding water for the Project portion of the Challenge, They also were tasked with building, testing and programming a robot using **LEGO MINDSTORMS** technology to solve a set of "missions."

Evaluated in four categories – Project, Robot Design, Robot Performance and Core Values – the Lancers won the award for *Core Values Teamwork*.

Also, they are one of only two teams who competed in the Kalani Tournament to qualify for the **State Tournament** on December 2 at the Blaisdell Center!