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Shooters score clean sweep at League Championships

It was a “clean sweep” for the **Lancer Sporter Air Riflery** program on both the **Varsity** and **Junior Varsity (JV)** levels in the team and individual **League Championships!**

After the regular-season competitions on October 7, the Academy shooters claimed the **Interscholastic League of Honolulu (ILH)** Varsity and JV team teams – the JV squad finished the season with a perfect 6-0 record!

The Lancers followed up their strong performances the following



Coaches Carlton Lum and Fred Sanidad and the Varsity and Junior Varsity Sporter Air Riflery athletes after the ILH Championships: Rachel Kikilai, Morgan Harrison, Dorothy Sanidad, Xun He, Lauren Matsukawa, Elena Amado, Clarissa De Smet, Maile Fox, Anna Sakai, Dahee Jung and Quinn Lum

weekend while vying for the League’s Individual Championships, earning 19 out of 30 possible medals overall and in the various position categories! Senior **Dorothy Sanidad** repeated as the ILH Varsity’s overall top shooter,

while sophomore **Morgan Harrison** claimed the overall JV title.

Bolstered by the momentum of their teammates, junior **Maile Fox** finished third overall for the Varsity, and sophomores, **Richelle Kikiloi** and **Xun He** won second and third place, respectively, on the JV level.

While there was much celebration after these ILH wins, the focus is now on preparing for the **State Championships** on October 24 at the Blaisdell Exhibition Concert Hall. The entire Varsity team qualified and will participate.



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Lancers!

From the Head of School

CLOSING OUT A BUSY FIRST QUARTER

Parents of Lower School students will be on campus on Friday, October 27 for parent-teacher conferences. These are such joyous occasions, most often led by the young students, recapping their strengths and their perceived weaknesses as well as determining goals for the future.



It has been a good quarter academically for the students in grades seven to 12 with about 75 percent of them making the Honor Roll (3.3 GPA) or the Principal's List (3.6 GPA). Congratulations, also, to the parents who are supporting and encouraging the students on a daily basis to work diligently and consistently!

This weekend, the High School VEX team is traveling for the Maui High School VEX Robotics Tournament. They are currently ranked 35 in "world skills" and are hoping to advance forward this weekend.

Best wishes to Keith Higaki, his Band students and the dynamic Parent Boosters who are presenting "A Night on Broadway" in the Clarence T.C. Ching Student Center on Saturday. The evening, which includes a delicious dinner and performances by the Intermediate, Concert and Wind Ensembles. is a "sell-out."

The Annual Fast, attended primarily by the Junior Class, will be held this evening in the Auditorium from 3:30 to 8:30 p.m. With the theme of "Envisioning a Better World," the students, teachers and Campus Ministry team will again be collaborating with Waikiki Youth Outreach program.

Enjoy the weekend with your family!

Betty White

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Lancer bowlers aim for perfect game

With the season winding down, the **Varsity Lancer bowlers** fin-



ished in third place in the League after team competition on October 13 and second in head-to-head rankings.

The Lancers challenged for the **Interscholastic League of Honolulu (ILH) Doubles** and **Individual Championship** titles on October 18 and 20, respectively, at Hickam Bowling Center.

Senior **Catherine Palmer** (left) led the charge and is scored ninth overall with a 155.47 average. Also competing were 12-ranked **Ivana Lourdes Salon**, 19th-place

Kamaluloanalani Aiona-Kaai and **Alexiz Hicks**, who was just outside the top 20.

No matter their finish this week, their outstanding performances throughout the season earned all four a spot to compete for the **State Championships** on October 27 and 28 on Kauai.

The ninth and tenth grade **Junior Varsity (JV)** bowlers also performed well this season, ending competition in fourth place in the League.

The team is guided by a crew of dedicated mentors, including **Head Coach Lana Mink**.

Spikers fall short but qualify for State Tourney

This season's **League Division II (DII) volleyball** season was highly-competitive, and the Lancer spikers, under first-year **Head Coach Raymond Patcho**, were right in the midst of the action!

Boasting a winning record of 6-3, the Lancers entered the **Interscholastic League of Honolulu (ILH) Championship Tournament** seeded fourth among the nine DII teams. The athletes battled valiantly, winning three matches, but falling just short in their title bid to Damien High School.

However, their season continues on because their strong performance earned them a spot in the DII State Championships on October 25 to 28 at various sites on Oahu.

Cheering for top title

The members of the Academy's **Varsity** and **Intermediate cheerleading squads** have been hard at work, practicing and preparing routines.

The Varsity (above) currently holds first place in the League after wins in their competitive meets this season, and the Intermediate notched consistent finishes in the top two.

Buoyed by this momentum, the Academy's cheerleaders on both levels vie for the **Interscholastic League of Honolulu (ILH) Championship** on October 20 at the Kamehameha Schools.



Lancers!

Seventh graders took focused aim at Camp

According to **Junior High Advisor Kaycie Baltunado**, the tone was set for the overnight trip to **Camp Erdman** not long after the seventh graders boarded the bus – they banded together to enthusiastically sing campfire tunes, continuing along the entire route to the Waianae Mountain Range site!

During his “break” from academics on September 28 and 29, the stu-

dents’ excitement was clearly evident as they delved into a myriad of solo and group camp activities, including archery, a scavenger hunt, storytelling and sharing over a real campfire and a “gaga” ball game.

These activities were not only fun, but served a number of greater purposes – easing the transition into Junior High, helping the students get to know each other and their teacher

chaperones better, fostering team-building skills, developing the habits of positive encouragement for one another and building character.

Also, this year, the students tested their physical skills and mental fortitude on a new challenge – the **Alpine Tower**, a 60-foot, vertical obstacle climb course.

During this activity, **Baltunado** was impressed with the commitment of the students to challenge themselves, face their fears and climb the tall, daunting course, while being encouraged all along the way by their friends on the ground!



After getting a lesson on proper technique using a bow and arrow, Nahele Simonsen, Vanessa Laub and Marley Lee-Saavedra concentrate while taking careful aim at the target.

Netting good fitness modeled for young students

Before fall break, members of the Lower School had the unique opportunity to learn the **NETFIT Netball** fitness model from a group of students and coaches from Australia. Netball is a fast-moving fitness sport, played primarily by women, which is currently wildly popular in Australia.

Members of the visiting Netball team, ranging in age from 13 to 17, engaged the Academy students in their warm-up exercises before playing an “exhibition” Netball game for the youngsters.

