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Happy Birthday - Academy celebrates 107th!

Even the rainy weather could not dampen the spirits of the Academy 'ohana, which celebrated the school's 107th birthday, September 11, this past week.

The fun and exciting activities kicked off on September 12

with a *Birthday Assembly* for the entire student body. The Gymnasium was filled with a sea of white, yellow and black as students expressed their spirit by dressing in school-themed colors, sang and danced and played birthday-themed games.

The morning was even more special because the students shared their exuberance with 10 members of the *Sisters of the Sacred Hearts*, the school's founders, who attended the kick-off event.

Other highlights of the week were a classroom "selfie" challenge; frosty treats distributed on Tuesday and a lemonade stand and Club Fair for grades seven to 12 to close-out the week on Friday.

(See page five for more birthday photos)



TOP: The fifth graders take their class "selfie" at the "STOP the party is here" sign;

ABOVE LEFT: Ellena Igari and Kiana Clarke show their school birthday spirit during a dance number; ABOVE RIGHT: Hannah Rose Redila proudly displays her cake piece during one of the birthday games.

From the Head of School

TRADITIONS CARRIED ON



Celebrating our 107th birthday reminds us of our history and our past traditions. The Academy is an outstanding institution with a remarkable female presence! For many years, the Sisters did it all – whether it was manicuring the grounds, supervising construction or holding administrative and teaching positions.

At its founding, this did not seem to be newsworthy because education has historically been a predominately female field. Even today, this is true for younger children. The situation is more balanced on the secondary level, but still nationally, only 36 percent of teachers are male.

The Academy is thankful that the historic stereotyping of gender roles for teaching is becoming weaker.

Our first male teacher, Joe Zilliox, now a University of Hawai'i professor, joined the faculty in 1983, and we opened in 2016 with about 18 percent male teachers.

Our staff and students are happy, and in agreement, that we have found "A few good men!"

On another note, we look forward to welcoming the parents of our new students to campus for a get-acquainted reception on Sunday afternoon from 2 to 4 p.m.

Betty White

Let's hear it for the girls!

SPORTER AIR RIFLERY

The *Lancer Sporter Air Riflery* team, led by (below) junior *Dorothy Sanidad*, is in the chase for the *Interscholastic League of Honolulu (ILH) Championships*. The team currently holds second place, and Sanidad is the top-ranked shooter among the girls in the league.

On the Junior Varsity level, the Lancers are in third place with junior *Brianna Ho* and sophomore *Logan Shiroma*, both ranked in the top 10 individually.

The Lancers will battle Pac-Five on September 17 at Saint Louis School.



CSL VOLLEYBALL

The future of the *Lancer volleyball* program looks bright with many promising, young athletes developing their skills on the *Catholic School League (CSL)* and *Christian School Athletic League (CSAL)* levels.

The 12 members of the CSL Lancers (below with coaches *Merle Sen* and *Shirley Labisoares*) battled Saint Ann's on September 8 and have four more matches on their schedule before the CSAL season kicks off in November.

Next up, the team takes on Saint Anthony-Kailua on September 19 at home.



LIFE urges students to “Be One”



Student members of the 2016 to 2017 LIFE team: Shelly Ann Aquino, Kailanianna Ablog, Ashley Marie Lardizabal, Jennifer Ung, Adrienne Del Rosario, Justine Kuna Sison, Brianne Agcaoili, Elane Namoca, Katherine Hennion, Faizah Shyanguya, Frances Nicole Tabios and Kaysey Siobal

Calling all hearts

Calling all hands

*Calling all feet to
take a stand*

*Why sit around and wait for
a miracle to come*

When we can BE ONE!

-Natalie Grant

Motivated and inspired by Natalie Grant’s lyrics, this year’s *Living In Faith Experience (LIFE) team* is determined to cultivate a spiritual culture of giving, mending and serving among Academy students. In short, they are working so the school ‘ohana can “Be One.”

This spiritual drive began in late June when the LIFE team participated in the annual summer retreat in Occidental, California.

Here, the team strengthened their religious faith along with 45 other students from Saint Louis School, Archbishop Riordan High School, Chaminade College Prep-Saint Louis, Chaminade College Prep-West Hills and Junipero Serra.

Members of the Academy team returned to campus focused on inspiring fellow students to “Be One” spiritually, through Masses, class retreats and prayer services they will organize throughout the year.

Diffusing science to the molecular level

The students in *Erin Flynn’s Advanced Placement (AP) Biology class* are mastering the concepts of *diffusion*, the ability to spread or move materials into and out of a cell.

The aspiring scientists, including (*right*) seniors *Allison Ching* and *Jordan Kwok*, investigated the effects of surface area to volume ratio, related to diffusion efficiency, during a recent lab. Using agar cubes, a substance similar to firm gelatin, the students worked in pairs to design a “model” cell which would completely diffuse the quickest.

The carefully crafted object was immersed in a dye indicator, which turned the cell from pink to white as molecules diffused into the cell.

Why is diffusion efficiency important? Because it indicates nutrient transport, where more is better!



Past and present legacies celebrated

In what has become a tradition, alumnae who are grandmothers or mothers of current Academy students returned to campus on September 9 for the *Legacy Dinner* in the Student Center.

This year, the Academy is proud to boast 123 students who have "legacy" status.

Attendees were welcomed by *Head of School Betty White*, who discussed the importance legacy families have in shaping and carrying on the Academy's traditions.

Guest speakers *Joey Shibata Garza, '93*, mother of *Danielle Garza, '16*, and *Morgan Garza, '22*, and junior *Hayley Peterson*, daughter of *Starr Hart Sapla, '92*, both expressed similar sentiments about the importance of sharing and carrying on legacy experiences with their relatives.

The evening closed with a "bonding" period for the legacy families, during which they played games and got to know each other better.



ABOVE LEFT:

Sharon Lau, '62;
Anna Casupang, '24; and
Lianne Casupang

ABOVE RIGHT: Maile Trask-
Rierson, '60; and Taylor
McKenzie, '17



FAR LEFT:

Shelley Cramer;
Ava Cramer, '28;
Hazel Tadaki, '29;
Juliette Cramer,
'21; and Paula
Tadaki, '65

LEFT: Mylynlu
Cervantes, '86;
Taryn Strong, '19;
and Te'a Strong,
'15



One-hundred-seventh Birthday Celebrations *(continued from page one)*



ABOVE: Academy students Shelly Anne Aquino, Adrienne Del Rosario, Janelle Lauronel and Marissa Okamoto welcome the Sisters of the Sacred Hearts to the Birthday Assembly. While the school is celebrating its 107th birthday, as a group, the Sisters boast over 230 years of teaching and service at the Academy, with a number continuing the tradition they began as students at the school. The Sisters joining the celebration include: Sr. Helene Wood, '59; Sr. Anne Marie Tamanaha; Sr. Katherine Francis Miller, '57; Sr. Dolores Marie Pavao; Sr. Irene Barboza,, '78; Sr. Georgene Perry, '46; Sr. Regina Mary Jenkins, '57; Sr. Angela Gregorio, '50; Sr. Joan Rita Cosme and Sr. Mary Josephine Araki, '53.

BELOW LEFT: Leos Lauren Chung and Ji Yeon Chun blow bubbles to attract interest during the Club Fair. The Leos were one of over 20 Clubs recruiting members at the Fair, which included activities, lemonade and free popcorn.

RIGHT: Kiana Clarke nervously analyzes the "move" executed by Tyson Noquez-Epil during a game exhibiting the chess skills members of their Club develop during regular meetings.

