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Students talk to contingent of engineers one-on-one

To celebrate *National Engineers Week*, 13 representatives from the *Naval Facilities Engineering Command (NAVFAC) Pacific* (right with *Betty White*) conducted an educational outreach at the Academy on February 24.

This event provided a unique learning opportunity for the students, "bringing engineering to life," encouraging them to become involved in *Science, Technology, Engineering and Mathematics (STEM)* and providing information on career opportunities available for engineers.

The NAVFAC participants did a presentation about their role as engineers and staged a competition with the student participants.

The students also tested their engineering skills during the informal part of the outreach, engaging in a variety of interactive activities with the NAVFAC engineers.

Highlights of these exercises including building "bridges" using paper and pennies to test structural soundness; using models and book references while attempting to construct the tallest structure possible using only spaghetti noodles and marshmallows; and conducting asset management and space planning using LEGO and Pokeman figures.



BELOW LEFT: Kacey Chong and Leilani Ngoap discover more about how rocks filter water from NAVFAC's Jocelyn Tamashiro, '88; **BELOW RIGHT:** Using only spaghetti and marshmallows, Samantha Ishihara and Leona Domingo attempt to construct a large structure using their engineering skills.



From the Head of School

LENTEN SEASON A TIME OF RENEWAL

The Lenten season came in with one of the Island's hardest rainfalls on the morning of Ash Wednesday. Distributing the ashes between torrents of rain became a challenge for Sr.



Katherine Francis and the Campus Ministry team. However, the mission was joyfully accomplished without moving the students into the sheets of rain!

A beautiful Mass this morning reminded the entire school community that we are in a special season of spiritual growth which is marked for our students and staff by many events to remind them that prayer, fasting and sharing with others are important ways of following Jesus onto the Cross.

On another note, Business Manager Randy Iwashita shared with me this past week his gratitude for parents being responsible in returning their re-registrations for the 2013 to 2014 school year.

On Saturday, Karen Muramoto will be having her final admissions function.

I remind everyone that about 25 Sacred Hearts students are in the Saint Louis School performance of Hairspray, opening at Mamiya Theater on Saturday, March 3. Further details are within this e-Parentline.

And, then, Sunday is a special time for our eighth graders who will be in the Student Center to celebrate the near completion of a phase of their education.

Enjoy the weekend with your family.

Betty White

Shooter sets sights on scoring at Junior Olympics

After winning three Hawai'i State qualifying events in December, junior **Dorothy Sanidad** will travel to the Olympic Training Center in Colorado Springs to compete in her third **National Junior Olympics** from April 14 to 19.



At the Olympics, she will compete in the 10-meter Air Rifery and 50-meter Smallbore Rifery contests.

Sanidad, who is coached by **Carlton Lum** and Academy graduate **Haunani Akana**, is the only riflery athlete in the State to win six Hawai'i Junior Olympic titles in three years of competition.

Momentum is on Sanidad's side going into the Olympics, having captured the Individual title at the **Interscholastic League of Honolulu (ILH) Precision Air Rifery Varsity Championship** on February 25 and setting a new league record in the process with a score of 487.6.





School 'ohana shows spirit at Great Aloha Run

The Academy 'ohana turned out in force for this year's *Great Aloha Run (GAR)* activities.

Over 100 students and their family members tackled the 1.5-mile course at the Neal Blaisdell Center during the *GAR's Keiki Run* on February 18.

That same day, a contingent of

High School students joined counterparts from *Saint Louis School* during the *GAR Mind and Body Challenge*, which included five relay races.

Then, on February 20, 75 students in grades nine to 12 and 25 parents and staff members – who were graciously sponsored by *D. Otani Produce* – laced up their athletic

shoes and walked or ran the 8.15-mile GAR course beginning at Aloha Tower.

In addition to the race participants, a group of enthusiastic volunteers from the Academy served in the medical tent and members of the *Leo Club* distributed t-shirts to participants at the finish line at Aloha Stadium.



hairspray

MARCH 3 TO 19 – MAMIYA THEATRE

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All-State singers show off skills during Nā Leo Hou Festival

Over 380 students from throughout the State, including 33 from the Academy, joined “voices” at the *Hawai‘i All-State Choir Festival, Na Leo Hou* from February 16 to 18.

During the Festival, held at Central Union Church, the students rehearsed under the guidance of *Dr. Karen Kennedy*, this year’s clinician; learned hula; demonstrated their music-reading skills and were adjudicated by various college professors.

The Academy singers also joined the other participating choirs for five songs performed during a culminating public concert.

This prestigious annual Festival, sponsored by the Hawai‘i Chapter of the *American Choral Directors’ Association* and the *Hawai‘i Youth Opera Chorus*, allows High School singers to collaborate and be evaluated and advised by outstanding performing arts educators.



Birthdays celebrated with books

Three *Senior Kindergarten (SK)* students were thrilled to celebrate their birthdays with a special visit to campus in February by their grandparents! The four kupuna joined their granddaughters and their classmates in the Lower School Library for the presentation of their chosen *Birthday Book*, which was labeled with the student’s name, picture and birthdate and read aloud.



Reading done in Book Cafe

To foster a love of reading and expose students to new genres and authors, the third graders celebrated the opening of their class’ *“Book Cafe.”*

Eighteen books, one specially-chosen by each student, were placed throughout the classroom Cafe. The third graders spent their “Cafe time” going from table-to-table, reading sections of the stories chosen by their classmates and reflecting on all 18 books.

Of course, like visiting an actual cafe, the students also enjoyed refreshments while reading.

